



Words for Wondering

An Advent to Epiphany Course from the
Diocese of Aberdeen and Orkney

Friday 2nd January
Guide



Scripture: **Luke 2:21**

After eight days had passed, it was time to circumcise the child; and he was called Jesus, the name given by the angel before he was conceived in the womb.

Reflection

Today's word for reflection is 'Guide'. Guides can be people, objects, practices or ideas that keep us on the right track. However, a good guide does not always let us take the easy path and guides can challenge us to take risks, step out and try new things. The second of January is the feast of Seraphim of Sarov, one of the most renowned Russian saints who is known for their monastic life and teachings, Seraphim was a guide in his lifetime and following his death, by his example. What (and who) guides your life and in particular, your Christian life? As we dwell (and rejoice) in the second Bank Holiday of the New Year in Scotland what might be the guides of your life this year?

To Listen

Guide Me O Thou Great Jehovah/Redeemer and Build My Life by Pat Barrett (one version is by Housefires).