



DIOCESE OF ABERDEEN & ORKNEY

FROM ASHES TO FIRE: A JOURNEY FROM LENT TO PENTECOST

Friday 4th April 2025

Act of Service

On Fridays during the Ashes to Fire: A Journey from Lent to Pentecost on Fridays we will explore acts of service. These are offered as an invitation to partake in an activity as part of your Lenten discipline.

These are suggestions and might inspire other related actions. Today you're invited to reflect on being thankful. In the Parable of the Prodigal Son, the Father gave thanks for the return of the younger son. How can you be thankful as you go around your daily life?

Today you're invited to reflect on how you can express thanks to people.

This might be simply saying 'Thank You', it might be writing a note or letter. You're invited to Say Thank You to those around you for the good they do and the joy they bring you. You're invited to go out of your way to say thank you and give a compliment that will also give a lift to the recipient.

This might be someone in your family, your church community, your local community. It could be giving thanks for a small or large thing.

