



Diocese of Aberdeen and Orkney's Lent Course 2024

THE WAY TO THE CROSS

WEDNESDAY 13 MARCH



RESOURCES FROM THE ARTS GOD'S FAITHFULNESS IN DRAWING US CLOSER

Today you're invited to reflect on music and art. You may have hymns, pieces of music or art that come to mind as you reflect this week. However, these are offered for places to start.

For pieces of music with words, listen to the words (or look them up), do these resonate with you and what do they make you think of in relation to this Lent and your faith journey?

There is a playlist of music suggestions offered in the course (and more) that can be found on [Spotify](https://open.spotify.com/playlist/2sFIFKVbBpfAG5cn1obsRD?si=12ff8c21172e4bec)
[<https://open.spotify.com/playlist/2sFIFKVbBpfAG5cn1obsRD?si=12ff8c21172e4bec>]

Music for the Fourth Week of Lent

- *O Jesu Christ, meins Lebens Licht* BWV 118 by J.S. Bach. The title can be translated as 'O Jesus Christ, my life's light'
- *Little Blue* (featuring Brandi Carlile) by Jacob Collier. This speaks about light and darkness and faithfulness.
- *Christ by Our Light* by Bernadette Farrell
- *Give Thanks to God* (based on Psalm 136, links to John 3) by Allan McKinlay and Pete Crockett, there are several recorded versions including by Housefires.

Collect for Fourth Sunday of Lent

Gracious Father,
whose blessed Son
Jesus Christ came
from heaven to be
the true bread which
gives life to the
world, evermore give
us this bread, that he
may live in us, and
we in him, who lives
and reigns with you
and the Holy Spirit,
one God, now and
for ever.
Amen.



Rose Coloured Chasuble, Conceived and designed by Henri Matisse (1869-1954) Executed in 1951, Embroidered and patchwork silk © Collection Chapelle Matisse, Dominicaines, Vence, France (via christian.art)

The photo above is of a Chasuble, an item of clothing worn by a Priest when celebrating Communion. This one is rose coloured for Laetare Sunday – the Fourth Sunday of Lent (and the Third Sunday of Advent). This chasuble was designed by the French artist Henri Matisse. It contains symbols of Lent – what do you see and why do you think they are used here?

Below is a stained glass window ‘Christ our Light’ it is from the east window of Rosary Priory in Bushey near London. The photo was taken by Brother Lawrence OP. What does this make you think of as you reflect on John 3.14-21? What properties of light are highlighted by stained glass windows and how does that help you think about what it means to choose to live in the light and reject darkness?



Image by Brother Lawrence OP
<https://www.flickr.com/photos/35409814@N00/2105918430/>

For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

John 3.16

Usual Weekly Pattern

Sunday
RCL Eucharist
Readings and Collect

Monday
Delving Deeper into the Readings

Tuesday
Words from Others (sacred & secular)

Wednesday
Resources from the Arts

Thursday
Contemplative Acts

Friday
Personal Reflection – what this means to me

Saturday
Acts & Deeds