



Diocese of Aberdeen and Orkney's Lent Course 2024

THE WAY TO THE CROSS

THURSDAY 16 MAY



CONTEMPLATIVE ACTS - THY KINGDOM COME

This week's contemplative act is considering the Lord's Prayer, praying for others to come to know Jesus and reflecting on different prayer practices.

The Season between Ascension and Pentecost is a season of waiting. The risen Jesus has ascended to heaven and we are waiting for the gift of the Holy Spirit.

The 11 days between Ascension and Pentecost are when the ecumenical prayer movement 'Thy Kingdom Come' happens. This is a global ecumenical prayer movement that invites Christians around the world to pray from Ascension to Pentecost for more people to come to know Jesus.

The movement, since May 2016 and now in over 80 countries, encourages every person, household and church to pray during the 11 days in their own way

Archbishop Justin Welby says that "In praying 'Thy Kingdom Come' we all commit to playing our part in the renewal of the nations and the transformation of communities."

Resources are made available - for different age groups, a prayer journal, a prayer Novena, resources in Gaelic and English, videos and others suggestions for prayer practices, including prayer stations. These are free to download from <https://www.thykingdomcome.global/prayer-resources>.

Collect for the
Seventh Sunday of
Easter

Almighty God, you
have exalted your
only Son Jesus
Christ with great
triumph to your
kingdom in heaven.
Mercifully give us
faith to know that,
as he promised, he
abides with us on
earth to the end of
time; who is alive
and reigns with you
and the Holy Spirit,
one God, now and
for ever. Amen.

For 2024 there is a Scottish prayer journal with video input from Scottish Christian Leaders, including Bishop Mark Strange, the Primus of the Scottish Episcopal Church.

Some Suggestions

- Commit to praying the Lords Prayer at the same time each day
- Try a new prayer practice, perhaps one from a previous Thursday of this course or return to one of the suggestions to try it again or because it connected with you.
- Look at different versions of the Lords Prayer, what do they highlight for you, what do they make you reflect on and encourage you to pray for in the life of the world, your family and friends and your community.



Jesus said,
“Sanctify them in
the truth; your
word is truth. As
you have sent me
into the world, so
I have sent them
into the world ”

John 17.17-18

*Usual Weekly
Pattern*

Sunday
RCL Eucharist
Readings and Collect

Monday
Delving Deeper into
the Readings

Tuesday
Words from Others
(sacred & secular)

Wednesday
Resources from the
Arts

Thursday
Contemplative Acts

Friday
Personal Reflection
- what this means to
me

Saturday
Acts & Deeds