



Diocese of Aberdeen and Orkney's Lent Course 2024

# THE WAY TO THE CROSS

SATURDAY 27 APRIL



## ACTS AND DEEDS - LISTENING

On Saturdays during this course we're going to reflect on Acts and Deeds. This is going to be a more practical reflection. You may be asked to do something, consider giving alms, put your faith into action. These are suggestions and with all other suggestions for reflection in the course they're there to provoke thinking and for you to consider how best to adapt them to your current season in life.

Today you're invited to do consider and practice listening. In a week where we're focussing on responding to God's call on our lives, this discernment involves listening to God, to others and to our hearts.

Today you're invited to listen properly.

You may wish to arrange to meet with someone who you know needs someone to listen to them, not speak to them, but to listen well.

You might wish to do something that helps you listen to God - a mini-retreat, a time of silence, a walk in Creation.

You may wish to read or watch or listen to some materials about how to listen better. One is a TED talk by Julian Treasure (<https://www.youtube.com/watch?v=cSohjLYQI2A>).

## Collect for the Fourth Sunday of Easter

O God of peace, who brought again from the dead our Lord Jesus Christ, that great shepherd of the sheep, by the blood of the eternal covenant, make us perfect in every good work to do your will, and work in us that which is well-pleasing in your sight; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.