



Diocese of Aberdeen and Orkney's Lent Course 2024

# THE WAY TO THE CROSS

SATURDAY 11 MAY



## ACTS AND DEEDS - POLITENESS

On Saturdays during this course we're going to reflect on Acts and Deeds. This is going to be a more practical reflection. You may be asked to do something, consider giving alms, put your faith into action. These are suggestions and with all other suggestions for reflection in the course they're there to provoke thinking and for you to consider how best to adapt them to your current season in life.

Today you're invited to consider politeness. Politeness is simple but something we can easily forget the basics in the midst of business. What might this look like in practice?

You're invited to consider how you are polite to others this day and through the week. You're invited to smile at people, be considerate in shared spaces like the coffee shop or the gym, hold open doors, allow others to go ahead of you in queues and show grace to those you think deserve it.

Collect for the  
Sixth Sunday of  
Easter

Almighty God, your Son Jesus Christ is the way, the truth, and the life. Give us grace to love one another and walk in the way of his commandments, who lives and reigns with you and the Holy Spirit, one God, now and for ever.  
Amen.