



Diocese of Aberdeen and Orkney's Lent Course 2024

THE WAY TO THE CROSS

WEDNESDAY 3 APRIL



RESOURCES FROM THE ARTS THE RESURRECTION

Today you're invited to reflect on music and art. You may have hymns, pieces of music or art that come to mind as you reflect this week. However, these are offered for places to start.

For pieces of music with words, listen to the words (or look them up), do these resonate with you and what do they make you think of in relation to this Easter and the Resurrection of Christ?

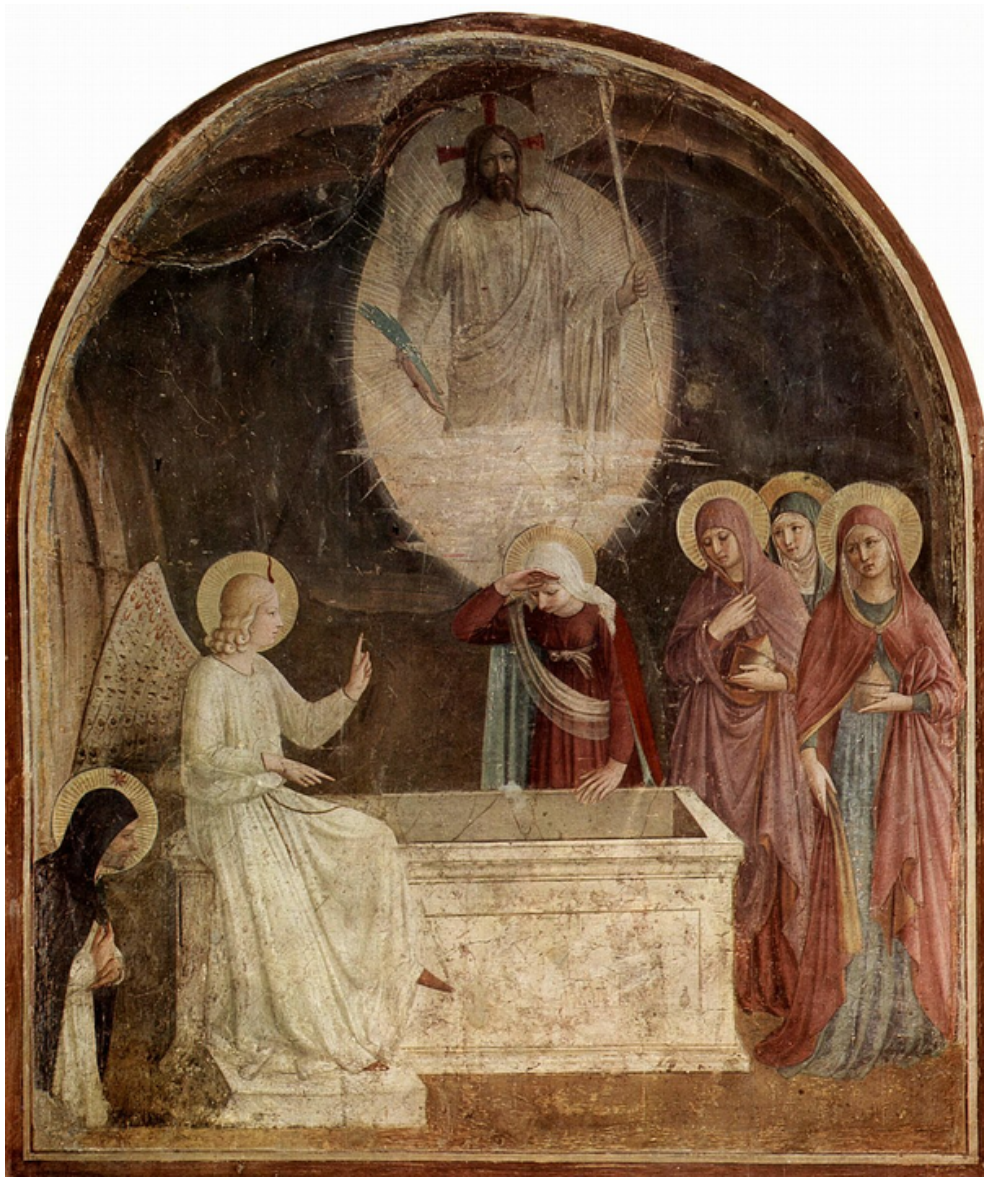
There is a playlist of music suggestions offered in the course (and more) that can be found on [Spotify](https://open.spotify.com/playlist/2sFIFKVbBpfAG5cn1obsRD?si=12ff8c21172e4bec)
[<https://open.spotify.com/playlist/2sFIFKVbBpfAG5cn1obsRD?si=12ff8c21172e4bec>]

Music for the First Week of Easter

- *Mystery (Rosary) Sonata No. 11 in G Major, The Resurrection* by Heinrich Ignaz Franz von Biber, Three movements of the Sonata dedicated to the Resurrection (the others in this series are dedicated to other events in the life of Jesus)
- Handel's *Messiah* is often performed at Easter.
- *See What A Morning [Resurrection hymn]hat a morning [Resurrection hymn]* by Stuart Townend and Keith Getty
- *Come People of the Risen King* by Keith and Kristyn Gerry, there are many arrangements of this available including *a cappella*.
- *Christ the Lord is Risen Today* by Charles Wesley

Collect for Easter Sunday

Lord of life and power, through the mighty resurrection of your Son you have overcome the old order of sin and death and have made all things new in him. May we, being dead to sin and alive to you in Jesus Christ, reign with him in glory, who with you and the Holy Spirit is alive, one God, now and for ever.
Amen.



Fra Angelico (c1395-1455), *The Resurrection of Christ and the Women at the Tomb* (1440-1441, fresco), San Marco Convent Florence

In this fresco we can see four women arriving before a tomb/sarcophagus with spices and to embalm the body of the dead Christ. We can see Mary Magdalene leaning over the open tomb which should be closed and she sees that it is empty. The angel present, sitting on the edge of the tomb, tells the women that Jesus is risen and above you can see this account depicted. Christ is standing - a symbol of resurrection and holds a shepherd's crook. There is the depiction of a Friar in the bottom left corner, he is not a witness to the scene but is there to invite others to pray when observing the image, inviting other spectators (us) to do so too.

The Gospels differ on the number of women present upon finding the tomb of Jesus empty, however, the empty tomb is the oldest representation of the Resurrection of Christ in image and art.

Mary Magdalene went and announced to the disciples, "I have seen the Lord"; and she told them that he had said these things to her.

John 20.18

Usual Weekly Pattern

Sunday
RCL Eucharist
Readings and Collect

Monday
Delving Deeper into
the Readings

Tuesday
Words from Others
(sacred & secular)

Wednesday
Resources from the
Arts

Thursday
Contemplative Acts

Friday
Personal Reflection
- what this means to
me

Saturday
Acts & Deeds