



Diocese of Aberdeen and Orkney's Lent Course 2024

# THE WAY TO THE CROSS

WEDNESDAY 20 MARCH



## RESOURCES FROM THE ARTS GOD'S COVENANT WITH US

Today you're invited to reflect on music and art. You may have hymns, pieces of music or art that come to mind as you reflect this week. However, these are offered for places to start.

For pieces of music with words, listen to the words (or look them up), do these resonate with you and what do they make you think of in relation to this Lent and your faith journey?

There is a playlist of music suggestions offered in the course (and more) that can be found on [Spotify](https://open.spotify.com/playlist/2sFIFKVbBpfAG5cn1obsRD?si=12ff8c21172e4bec)  
[<https://open.spotify.com/playlist/2sFIFKVbBpfAG5cn1obsRD?si=12ff8c21172e4bec>]

### Music for the Fifth Week of Lent

- *Fifth Word - Cantata for the Fifth Sunday of Lent* by Genevieve Soly, Christoph Graupner
- *O Sacred Head, Sore Wounded* is set to a chorale by J.S. Bach.
- *All My Hope On God is Founded* by Robert Bridges; based on Joachim Neander
- *Worthy is the Lamb* by Darlene Zschech, one version is by Hillsong Worship and Delirious?

### Collect for Fourth Sunday of Lent

Gracious Father,  
whose blessed Son  
Jesus Christ came  
from heaven to be  
the true bread which  
gives life to the  
world, evermore give  
us this bread, that he  
may live in us, and  
we in him, who lives  
and reigns with you  
and the Holy Spirit,  
one God, now and  
for ever.  
Amen.





Albrecht Dürer (German, Nuremberg 1471–1528 Nuremberg) *Christ on the Cross* (Engraving). The Metropolitan Museum, New York.

The image above is one of the depictions of Dürer of Christ on the Cross, another is an oil on wood, held by Gemäldegalerie Alte Meister, Dresden. What does this image make you think about in relation to life and death and the life and death of Christ. What do you notice about Christ's body and gaze? How about the people around the cross? As we enter into Passiontide, how does this connect with your perspective on Christ's Passion?

I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people.

*Jeremiah 31.33b*

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### *Usual Weekly Pattern*

Sunday  
RCL Eucharist  
Readings and Collect

Monday  
Delving Deeper into  
the Readings

Tuesday  
Words from Others  
(sacred & secular)

Wednesday  
Resources from the  
Arts

Thursday  
Contemplative Acts

Friday  
Personal Reflection  
- what this means to  
me

Saturday  
Acts & Deeds