



Diocese of Aberdeen and Orkney's Lent Course 2024

# THE WAY TO THE CROSS

WEDNESDAY 28 FEBRUARY



## RESOURCES FROM THE ARTS REFLECTING ON GOD'S PROMISES

Today you're invited to reflect on music and art. You may have hymns, pieces of music or art that come to mind as you reflect this week. However, these are offered for places to start.

For pieces of music with words, listen to the words (or look them up), do these resonate with you and what do they make you think of in relation to this Lent and your faith journey?

There is a playlist of music suggestions offered in the course (and more) that can be found on [Spotify](https://open.spotify.com/playlist/2sFIFKVbBpfAG5cn1obsRD?si=12ff8c21172e4bec)  
[<https://open.spotify.com/playlist/2sFIFKVbBpfAG5cn1obsRD?si=12ff8c21172e4bec>]

### Music for the Second Week of Lent

- *Versets for the Kyrie from Messa della domenica* by Girolamo Frescobaldi
- *Faithful God* by Laura Story. This worship song speaks of our faithful God keeping promises made
- *Amazing Grace*, hymn - Isaac Watts or *worship song (Amazing Grace (My chains are gone))* by Chris Tomlin
- *The hymn 'Take up your cross the Saviour said'* by Charles William Everest is the setting of the poem suggested for reflection on Tuesday.

### Collect for Second Sunday of Lent

God of patience and humility, in your love you gave your Son to be rejected and raised up on a cross.

Gather us under its shadow and open our eyes to its mystery, that we may share even now in the life that is from above; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

Amen.





JAN VAN HEMESSEN, Christ Carrying the Cross, 1553, Oil on panel, 111 x 98 cm, KeresztényMúzeum (Christian Museum), Esztergom; Photo: A. Mudrak, Courtesy Christian Museum, Esztergom <https://www.keresztenymuzeum.hu/collections.php?mode=work&wid=44&page=0&vt=>

This painting portrays Jesus carrying the cross. In the readings for the Second Sunday of Lent we hear Jesus telling us that we have to take up our crosses and deny ourselves in order to follow him. Psalm 22 which we heard the second half on Sunday begins with words Jesus said of the cross - My God My God why have you forsaken me.

What does this painting think of in the context of Jesus' word to the crowd, his disciples and us? Jesus is surrounded on his left by Roman soldiers and others are looking on. How does this painting of a journey of Jesus on Good Friday connect to your journey of faith?

“If any want to become my followers, let them deny themselves and take up their cross and follow me”

*Mark 8.34*

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### *Usual Weekly Pattern*

Sunday  
RCL Eucharist  
Readings and Collect

Monday  
Delving Deeper into  
the Readings

Tuesday  
Words from Others  
(sacred & secular)

Wednesday  
Resources from the  
Arts

Thursday  
Contemplative Acts

Friday  
Personal Reflection  
- what this means to  
me

Saturday  
Acts & Deeds