



Diocese of Aberdeen and Orkney's Lent Course 2024

# THE WAY TO THE CROSS

SATURDAY 2 MARCH



## ACTS AND DEEDS - WRITING A LETTER OR CARD

On Saturdays during this course we're going to reflect on Acts and Deeds. This is going to be a more practical reflection. You may be asked to do something, consider giving alms, put your faith into action. These are suggestions and with all other suggestions for reflection in the course they're there to provoke thinking and for you to consider how best to adapt them to your current season in life.

We so rarely get handwritten letters or notes in today's culture. The post that comes through the letterbox may be junk mail, bills, catalogues but so rarely personal notes, unless it's near our birthday or other significant event in our lives.

For the Second Week of Lent you're invited to write a letter, note or card to someone to say thank you, to acknowledge the part they play in your life and to post it via Royal Mail or through their letterbox.

We do not journey through our earthly lives alone and there are people who encourage us, support us, care for us and challenge us for our own good along the way. Think of someone who has done these things for you either recently or longer ago (but you have their address) and write a card acknowledging them and saying thank you. You may wish to encourage them and explain the part they've had in your life.

## Collect for Second Sunday of Lent

God of patience and humility, in your love you gave your Son to be rejected and raised up on a cross.

Gather us under its shadow and open our eyes to its mystery, that we may share even now in the life that is from above; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

Amen.