An Advent to Epiphany Course from the Diocese of Aberdeen & Orkney

Rex Gentium - King of the Nations



Todays' Psalm reading:

Give praise, you servants of the Lord, O praise the name of the Lord. Blessed be the name of the Lord, from this time forth and for evermore. From the rising of the sun to its setting let the name of the Lord be praised. The Lord is high above all nations and his glory above the heavens. Who is like the Lord our God, that has his throne so high, yet humbles himself to behold the things of heaven and earth? He raises the poor from the dust and lifts the needy from the ashes, To set them with princes, with the princes of his people. He gives the barren woman a place in the house and makes her a joyful mother of children. Alleluia.

Psalm 113



Listen to:

Laudate omnes gentes, laudate dominum. (all people praise, praise the Lord)

https://www.youtube.com/watch?v=lOta4Auk414

Reflect:

The prophet Isaiah says:

He shall judge between the nations, and shall arbitrate for many peoples; they shall beat their swords into ploughshares, and their spears into pruning-hooks; nation shall not lift up sword against nation, neither shall they learn war any more.

Isaiah 2:4

To follow the King who is the Prince of Peace, people have to learn not to make war. As one episcopalian has written:

'Not learning war, starts at the very heart of our being. It starts with allowing God to quell our fear and replace it with curiosity. This inner work of learning peace and the outer work of expressing it involve a learning which will last for the rest of our lives. A learning in and a leaning out.'

We might reflect on how peace requires us to understand and live with the diversity of people God has made.

Pray:

O King of the nations and Desired of all, you are the cornerstone that binds two into one: Come, and save humankind whom you formed out of clay.

